



The Family Care Centers provide convenient access to quality, affordable health care visits and sick visits-for your entire family

Pediatric
- Newborn to 12 years

Adolescent
- 13 to 18 years

Adult

Geriatric

experienced physicians, nurse practitioners, certified nurse midwives are available by appointment Monday through Friday to provide the best in family medicine.

Se Habla Espanol

San Luis Obispo FCC 4230 781-

51 Bishop Street, Building A

- ❖ Family Practice
- ❖ Pediatrics
- ❖ Pharmacy
- ❖ Laboratory

Women's Health Center 5542 781-

2180 Johnson Ave. (behind General)

- ❖ Prenatal Clinic
- ❖ Gynecology Clinic



- ❖ Family Planning
- ❖ STD Clinic

Atascadero 6050 461-

5575 Capistrano Avenue

- ❖ Family Practice
- ❖ Pediatrics
- ❖ Prenatal Clinic
- ❖ Gynecology Clinic
- ❖ Family Planning
- ❖ STD Clinic
- ❖ Pharmacy
- ❖ Lab Draw Station



Paso Robles 723-3050

723 Walnut Drive

- ❖ Family Practice
- ❖ Prenatal Clinic
- ❖ Lab Draw Station

Morro Bay 6380 772-

760 Morro Bay Blvd.

- ❖ Prenatal Clinic

Los Osos 6380 772-

- ❖ Lab Draw Station



Grover Beach 7050 473-

286 South 16th Street

- ❖ Pediatrics
- ❖ Prenatal Clinic

Calling San Luis Obispo from the



Family Centered Maternity Care

In our family centered birthing rooms, mothers are supported by our expert labor staff, certified nurse midwives, and physicians using a wide range of alternative comfort measures. We provide full range of care for the scenarios, from uncomplicated high risk and multiple births. And, you can rest assured that your new family will receive the best care after the birth in our award-winning Baby Friendly post partum unit.



San Luis Obispo General Hospital is one of only 15 hospitals nation-wide to be certified as Baby Friendly by the World Health Organization and UNICEF. **Our Obstetrics Department is proud of their impressive statistics:**

- ◆ Cesarean Section rate of 17% (national average - 24%)
- ◆ 74% of our deliveries are done by certified nurse midwives
- ◆ Less than 1% of our laboring moms request epidural anesthesia
- ◆ 92% of our moms are successfully breastfeeding at discharge (national average - 62%)

Breastfeeding Clinic

B. A. B. E. S.

(Babes At Breast Education & Support)

This nationally renowned clinic is staffed by certified Lactation Consultants and headed by Kathleen Huggins, author of the best-selling book *The Nursing Mother's Companion*. B.A.B.E.S. offers private consultation, breast pump sales and rentals, and a 24-hour Breastfeeding Warmline (541 -BABY).

All women who deliver at General Hospital receive a complimentary consultation from the



lactation specialists at the Breastfeeding Clinic.

**Back by Popular Demand
The Maternity Savings Plan**



Miracles happen more affordably at San Luis Obispo General Hospital. Our Maternity Savings Plan will save your growing family money. If you are not covered by maternity insurance, you can take advantage of our pre-paid packages. If you have insurance, our savings plan can greatly reduce your out-of-pocket and/or co-payment expenses. Call (999) 999-999 for details.



COMPREHENSIVE, FAMILY CENTERED CARE

Are you looking for one-stop shopping to meet all of your family's health care needs? General Hospital provides comprehensive, family centered care for the entire community-whether or not they have insurance coverage. It is the primary source of health care for thousands of people a year, including the uninsured, the self-employed underinsured, and the fully insured.



Our goal is to fulfill the health care needs of the community through the services we provide. San Luis Obispo General Hospital has been a foundation for health care services in this county for more than 120 years. It is a fully accredited and licensed acute care hospital, and the only public sector hospital in the county. General Hospital is committed to providing the highest level of quality health care regardless of ability to pay, while seeking to contain the growth of health care costs. Some of the services provided include:

Emergency / Ambulatory Clinic



Basic Medical Services with a physician available 24 hours a day, 7 days a week. Walk-in Clinic is available Monday through Friday, from 9 a.m. to 4 p.m., or Saturday 9 a.m. to noon.

Inpatient Services



Includes a convenient Day Surgery Department, Inpatient Surgical Services, and highly skilled nursing care in our Medical / Surgical Unit, Intensive Coronary Care Unit, Obstetrics Department (see detailed description inside), and Inpatient Mental Health Department.

Pharmacy



Outpatient services offered Monday through Friday, from 9 a.m. to 4 p.m. Full service inpatient pharmacy is open 365 days a year.

Radiology



X-Ray, Diagnostic Radiology, and Ultrasound are performed by licensed X-Ray Technicians under the supervision of a physician specialist 24 hours a day.

Laboratory



Inpatient and outpatient labs can be drawn 24 hours a day by a licensed Medical Technologist in our clinical laboratory located at 1551 Bishop in San Luis Obispo. Draw stations are also located in Los Osos and Atascadero for your convenience.

Save Money on your Health Care By Comparative Shopping

Shop before committing yourself to a clinic or hospital. Even if General Hospital or the County Clinics are not listed as a preferred provider with your PPO (qualifying them for a lower co-pay), you may still save money by utilizing these county services.

Often the cost of our services is significantly less than the private sector clinics and hospitals, so your out of pocket expense can be lower in the long run. Check our prices compared to other services before you decide on your provider!

Now accepting the following



2180 JOHNSON AVENUE
SAN LUIS OBISPO, CA
805.781.4800



Preventive & Primary Health Care
from the Pediatrics to Geriatrics

insurance plans:

- Blue Cross
- Lifeguard
- PersCare
- PersChoice
- MediCal
- CMSF

A Heritage of Healing